



MS Priority Setting Partnership

Shortlist of questions for workshop

Using a protocol agreed in advance, the steering group analysed the voting survey results and developed a shortlist of 30 questions. Workshop participants discussed the shortlist of 30 questions and narrowed this down to the top 10

1. Which treatments are effective to slow, stop or reverse the accumulation of disability associated with MS?
2. Which therapeutic interventions are effective for myelin repair in people with MS?
3. Is stem cell therapy effective in the treatment of MS?
4. How can MS be prevented?
5. Can MS be prevented in relatives and family members of people with MS?
6. Which treatments are effective for fatigue in people with MS?
7. How can people with MS be best supported to self-manage their condition?
8. Does early treatment with aggressive disease modifying drugs improve the prognosis for people with MS?
9. Is Vitamin D supplementation an effective disease modifying treatment for MS?
10. Which treatments are effective to improve mobility for people with MS?
11. Which treatments are effective to improve cognition in people with MS?
12. Which treatments are effective for pain in people with MS?
13. Is physiotherapy effective in reducing disability in people with MS?
14. What is the effect of infections on disease susceptibility, relapses and progression and does treating infection have an impact on MS?
15. Is regular exercise effective in improving quality of life, or in slowing, stopping, or reversing the accumulation of disability associated with MS and reducing the frequency of relapses?
16. Which therapeutic interventions are effective to treat spasticity in people with MS?
17. Which therapeutic interventions are effective for cerebellar ataxia (poor balance) in people with MS?

18. What impact does stress have on MS?
19. Which therapeutic interventions are effective to treat tremors in people with MS?
20. Which therapeutic interventions are effective to treat depression in people with MS?
21. What are the appropriate criteria for starting disease modifying drugs and who should prescribe them, and is this in line with guidance on reimbursement within the NHS
22. Is diet effective in slowing, stopping, or reversing the accumulation of disability associated with MS?
23. What are the side effects associated with different disease modifying drugs, including over the long-term?
24. Can Vitamin D prevent MS?
25. What factors influence quality of life in people with MS and are there strategies that people with MS can adapt to improve quality of life?
26. Is Low Dose Naltrexone (LDN) effective in slowing, stopping, or reversing the accumulation of disability associated with MS and managing the symptoms of MS?
27. How can quality of care by MS Nurses, in relation to diagnosis, treatment and prognosis of people with MS, be measured and improved?
28. Which therapeutic interventions are effective to prevent relapses?
29. Which therapeutic interventions, including catheters, are effective for people with MS to manage bladder problems?
30. Are supplements beneficial for people with MS and what supplements are most effective to treat MS?