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Dear Phil,

Welcome to the April edition of the Experts in MS newsletter. In this issue, we bring you the latest updates on MS research, professional development opportunities, and key resources to enhance your practice.

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Research & Innovation

New insights into inflammation and myelin repair

Researchers at our Cambridge Centre for Myelin Repair have found that myelin repair may play an important role in preventing ongoing inflammation in the brain.

The findings add to our understanding of how repair processes could influence disease progression in MS.

 [Explore the study](#)

Study highlights need for MS-specific cardiovascular risk calculators

A new MS Society supported study has found that existing risk calculators do not accurately predict the likelihood of heart attacks and strokes in people with MS.

The findings highlight the need for MS-specific tools to better assess cardiovascular risk.

 [Learn more](#)

Pressure Ulcer Prevention Research – Professional feedback requested

Researchers at the University of Leeds have developed [a new interactive pressure ulcer prevention website](#) for people living with long-term neurological conditions, including MS.

The team is seeking feedback from healthcare professionals on the draft resource before wider rollout.

 [Provide your feedback](#)

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 Education & CPD**FACETS for Facilitators – Upcoming courses**

Our online training course to enable you to deliver the FACETS group fatigue management programme. Booking for our courses in October is open.

▶ [Book your place today.](#)

Innovative Awareness Training webinar for healthcare professionals

Thursday 2 July | 7pm | Online

Join a webinar showcasing the outcomes of an innovative experiential training pilot delivered by *A Life in a Day across Greater Manchester*.

Healthcare professionals and senior NHS leaders spent 24 hours experiencing the challenges faced by someone living with MS.

▶ [Find out more and register](#)

MS Nurses at the Limits Conference

6-7 November | London

The 9th annual conference will bring together leading MS experts to discuss emerging discoveries and therapies shaping the future of MS treatment.

Alongside the scientific programme, attendees will have opportunities to debate key issues and network with colleagues from across the UK. Travel and accommodation support is available.

▶ [Register today.](#)

Neurorehabilitation & Physical Activity Event

Wednesday 30 September | Glasgow & Online

This hybrid event will explore research and projects focused on physical activity for people living with long-term neurological conditions.

You will hear from experts, discuss future priorities and explore opportunities for collaboration and development.

▶ [**Find out more and register**](#)

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Policy & Practice

Mapping MS services in Wales

A comprehensive review of MS services and workforce capacity across Wales's seven health boards has identified key opportunities to strengthen and develop MS care.

Commissioned and funded by Merck, the report provides recommendations to support future service planning and delivery.

▶ [**Read the full report**](#)

Neurological conditions: The case for a Modern Service Framework

More than one in six people in England live with a neurological condition, yet there remains no dedicated long-term NHS reform plan for neurological care.

Our latest report calls for the development of a modern service framework to improve outcomes and reduce variation in care.

▶ [Read the MSF report](#)

We will soon launch an open letter to the Secretary of State for Health and Social Care calling for a Neurology Modern Service Framework. If you'd like to sign, [join the campaigns community](#).

NHS England considering funding Fampridine

NHS England is currently assessing whether fampridine should be routinely funded in England. Following discussions involving NHS staff and patient representatives, the treatment is progressing through the next stage of the evaluation process.

▶ [Read the Fampridine information](#)

▶ [Watch the Fampridine awareness webinar](#)

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Clinical Resources & Tools

Occupational Therapy for MS

Developed in partnership with the Royal College of Occupational Therapists (RCOT), this resource explores how occupational therapy interventions can help people manage MS symptoms and maintain independence in everyday life.

▶ [Read how OT can help with MS](#)

Share your thoughts

Help shape future resources by [sharing your opinion](#).

Get in touch

Want to spotlight your service, submit content, or suggest an idea?

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