

Supporting patient journeys, culture and MS, latest research

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Welcome to the August issue which has insights into bridging the support gap, upcoming events and webinars, and more.

Bridging the Support Gap

A new Neuraxpharm study highlights long stretches where people with MS feel unsupported. Learn what the research says and how it could inform better patient journeys.

[Download the poster →](#)



Upcoming Events & Training

FACETS Facilitators' Training Course

Tuesday, 16 and 23 September

Our online FACETS training course helps health and social care professionals deliver a six-week fatigue management programme for people with MS.

[Secure your place today →](#)

North Wales, Cheshire & Mersey Neuro Rehab Forum

Thursday 25 September 2025 | 10.30am–3.30pm | Chester

Join colleagues shaping neuro rehab services across the region. Share ideas, discuss challenges, and agree on next steps for future improvements.

[Register for the forum event →](#)

Cultural Awareness & MS

Thursday 7 November | 12–1pm | Online

In partnership with Asian MS, this webinar will explore:

- Barriers to diagnosis, treatment, and care
- Stigma and cultural challenges
- Services available and how professionals can better support South Asian patients and carers

[Book your place at the Cultural Awareness webinar →](#)

MS Nurses at The Limits

14–15 November | London

Registration is open for the 8th annual meeting (UK MS Specialist Nurses only). Already 150+ signed up. Free to attend, with accommodation and travel support available.

[Register for the MS Nurses event today →](#)

Mental Health & Neurological Conditions Webinar

Access to psychological support remains a major gap:

- 62% can't access neuropsychology services
- 48% can't access counselling

This session outlines commissioning guidance and good practice examples to close the gap.

[Watch the Mental Health webinar on demand →](#)



Research News and Updates

Smouldering MS and PIRA: What you need to know

Find out more about progression independent of relapses (PIRA) and the latest research into microglia's role in smouldering MS.

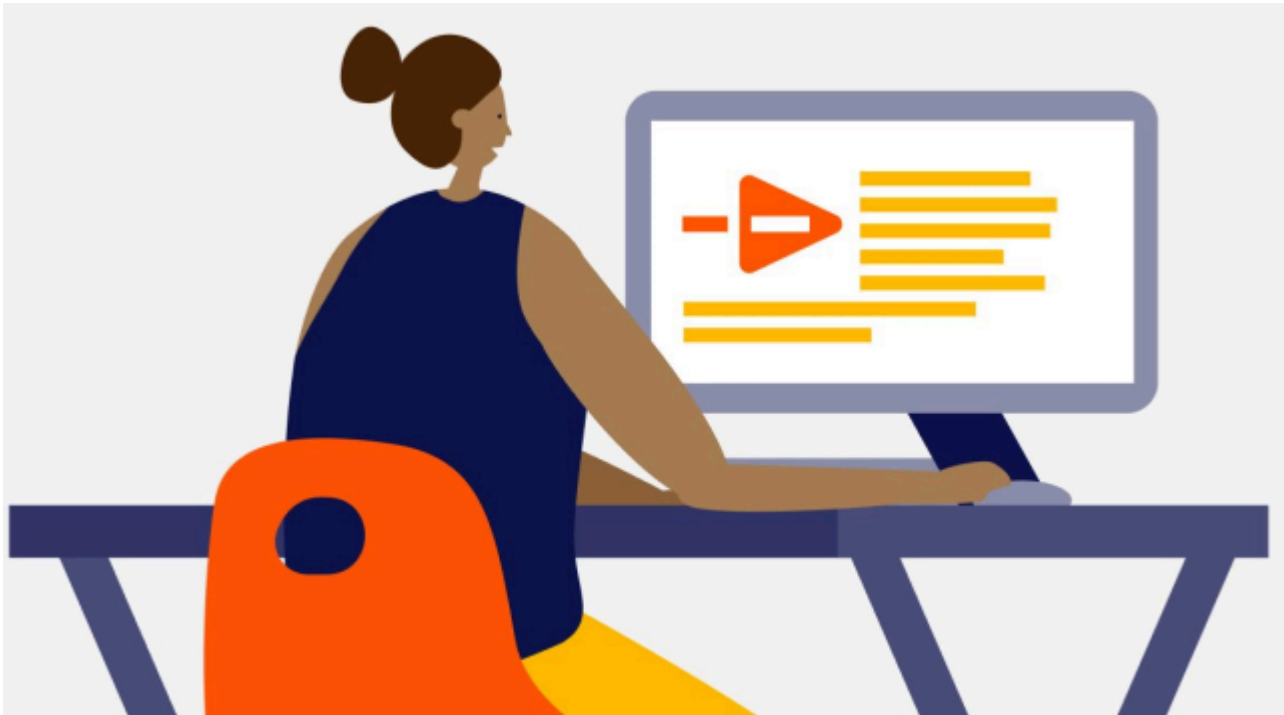
[Learn more about PIRA →](#)

[Read new research on microglia →](#)

Research Participation: Daily Lives & Wellbeing

Take part in a PhD study exploring communication in healthcare settings. Aimed at clinical and non-clinical professionals working with chronic and long-term conditions. Includes a one-time survey and 7-day diary. Open until 20 December.

[Take part in PhD research study →](#)



Information and resources

Specialised Neurology Services Service Specification

NHS England has published national standards for specialised and core neurology services, including integrated pathways and minimum outcomes.

[Read the new Specification →](#)

We want to hear from you

Let us know what resources and information would be most helpful for you and your practice.

[Shape our content \(2 minutes\) >>](#)

Share your expertise

Got a service to spotlight? Ideas for content? Want to submit an article?

[Email us >>](#)

And don't forget to share the newsletter with a friend or colleague. It's easy to sign up!

Let's stop MS together



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