

Support beyond DMTs, SPMS, latest research

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Welcome to the June issue which has updates on what to do when DMTs aren't an option, how to support SPMS, training courses and more.

### **When DMTs stop, care doesn't**

"For many, stopping a DMT feels like losing a safety net... With the right support, it can become a powerful pivot point." - Dr Agne Straukiene

Dr Straukiene's podcast and blog highlights the importance of building a new care model for those no longer on DMTs and next steps.

 **[Listen: Building New Care Models podcast](#)**

 **[Read: Transforming Care blog post](#)**

### **Supporting Secondary Progressive MS patients**

Helen Owen from Swansea Bay UHB shares practical insights from their Living Well Information Days and how they're making a real difference for SPMS patients.

**[Read the full case study](#)** →



## Upcoming Events & Training

### **FACETS Facilitators' Training Course**

**Tuesday, 16 and 23 September**

Our online FACETS training course helps health and social care professionals deliver a six-week fatigue management programme for people with MS.

**Secure your place today →**

### **North Wales, Cheshire & Mersey Neuro Rehab Forum**

**Thursday 25 September**

Connect with professionals focused on developing neuro rehab services. Includes interactive discussions and priority-setting sessions.

**Register for the webinar →**



## Research News and Updates

### **Tysabri/Tyruko switch: What you need to know**

Our community shared concerns over switching to Tyruko - due to potential side effects and due to their own choices and involvement in decision making.

Here's what NHSE guidance says:

- Clinical reviews available for anyone experiencing deterioration
- Shared decision-making for reverting to Tysabri IV
- Resources available to support patient conversations

>> **NHSE - natalizumab and biosimilar rollout**

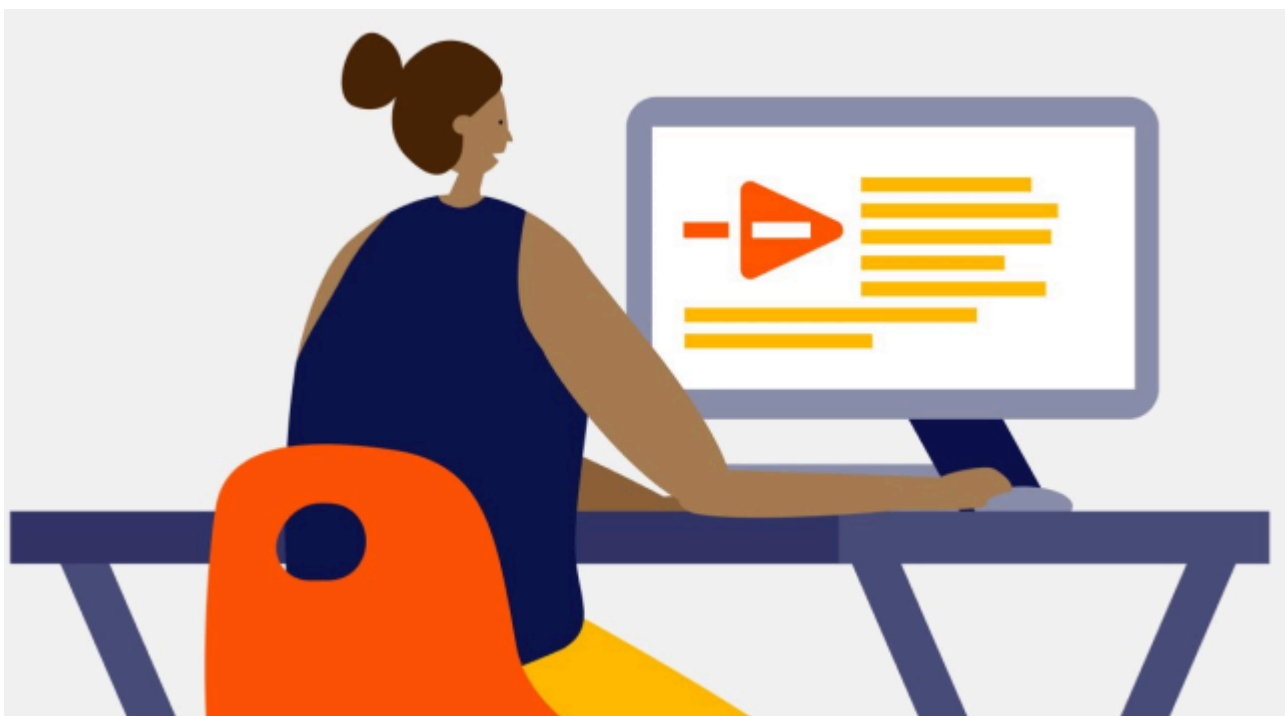
>> **Tyruko and PML research**

>> **Test comparison data**

## **Fampridine update**

NHS England's review of fampridine access is **on pause due to budget constraints**. Clinical policy proposals remain under review.

>> **Read the NHSE statement**



## **Information and resources**

### **Clinical Pathways & Guidelines**

**New:** Optimal Clinical Care Pathway for MS Adults

*Published by National Neurosciences Advisory Group*

**Includes:** Care coordinator access, MDT guidance, neuro-psych support, rehabilitation protocols, and annual review frameworks.

[Download the Pathway PDF →](#)

## Patient Information Hub

**Secondary Progressive MS guide** - Treatments, therapies, and support options

**Primary Progressive MS resources** - Patient experiences and expert insights

## Exercise: The unsung DMT?

*Nadia Abdo, MS Specialist Practitioner, Brighton General Hospital*

Discover how to prescribe exercise like medication - including mechanisms, barriers, and side effects.

[Watch the presentation →](#)

## Support Networks

### Neuro-therapy centres

UK-wide network providing:

- Expert individualised support
- Physical and holistic therapies
- Counselling and emotional support
- Active social communities

[Find a centre near you →](#)

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## We want to hear from you

Let us know what resources and information would be most helpful for you and your practice.

[Shape our content \(2 minutes\) >>](#)

## Share your expertise

Got a service to spotlight? Ideas for content? Want to submit an article?

[Email us >>](#)

And don't forget to share the newsletter with a friend or colleague. It's easy to sign up!

Let's stop MS together



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