



Stop MS Corporate Climb

Take on one of the UK's greatest challenges with your colleagues, and raise vital funds for our Stop MS Appeal.

Ben Nevis

On Saturday 14 October 2023, climb 1344m with your colleagues before attending an exclusive evening reception to celebrate your achievement at the nearby The Alexandra Hotel. You'll arrive at the hotel on Friday 13 October and stay for 2 nights. There'll also be the opportunity to attend a whisky tasting at the famous Ben Nevis Distillery in Fort William.

These are great opportunities to bring your colleagues together for the ultimate corporate retreat in either the stunning Highland region of Lochaber or the beautiful county of Yorkshire.

Yorkshire Three Peaks

The Yorkshire Three Peaks Challenge is without a doubt one of the most rewarding challenges in the UK. Starting and ending in Horton-in-Ribblesdale, you'll take on three of the best known peaks in Yorkshire; Pen-y-Ghent (694m), Whernside (736m) and Ingleborough (723m). The aim of the challenge is to walk this 24 mile route within 12 hours.



Our Stop MS Appeal

MS damages nerves in your body and makes it harder to do everyday things like walk, talk, eat and think. It can be relentless, painful, and exhausting. Over 130,000 people live with MS in the UK, yet many are without treatment.

Our Stop MS Appeal needs to raise £100 million to find treatments for everyone with MS. To make treatments to stop MS a reality, we must fund more world-leading research. We won't stop funding new studies, vital infrastructure projects and ground-breaking clinical trials.

By 2025 we aim to be in the final stages of testing a range of treatments for everyone with MS.

We can finally see a future where no one needs to worry about MS getting worse.

Find out more at mssociety.org.uk/stop-ms



Ben Nevis

The Ben Nevis Corporate Climb takes place over the weekend of 13 October 2023 in Fort William.

Registration costs £265pp* and we ask that each team member raises a minimum of £500 towards the Stop MS Appeal.

Registration includes:

- A dedicated steward who will guide your team to the summit of Ben Nevis
- Hotel accommodation (including breakfast)

*Whisky tour and tasting at an additional £25pp

Itinerary

Friday 13 October:

Briefing, route planning and equipment check with your guide.

Saturday 14 October:

Breakfast.

Transfer to Ben Nevis to begin ascent.

Return transfers to hotel.

Evening reception.

Sunday 15 October:

Breakfast and departure.

Three Peaks

The Yorkshire Three Peaks Corporate Climb takes place on Saturday 10 June 2023.

Registration costs £85pp and we ask that each team member raises a minimum of £350 towards the Stop MS Appeal.

Registration includes:

- Professional event organisation
- Qualified mountain leaders
- Group first aid kit with qualified first aiders

Optional extras:

- Twin room accommodation at £90pp per night
- Single room accommodation at £145pp per night

Itinerary

Saturday 10 June:

Meet your mountain leader in Horton-in-Ribblesdale ready for your challenge.

Following our chosen route we ascend Pen-y-Ghent, Whernside and Ingleborough before making our final descent back to Horton-in-Ribblesdale.

Celebrate with your colleagues and fellow trekkers with a post-climb reception.



How to register

To register your team sign up at:

Ben Nevis

maximumadventure.com/adventure/stop-ms-corporate-climb

Yorkshire Three Peaks

maximumadventure.com/adventure/stop-ms-corporate-climb-yorkshire-3-peaks-challenge/

For more information, email our Corporate Partnerships Team on mscorporate@mssociety.org.uk.

We advise that you read and agree to Max Adventures' Terms and Conditions relating to entry and participation.

All participants enter at their own risk.

Please note: This event is for corporate teams only. If you're an individual or group not related to a company, please go to mssociety.org.uk/Ben-Nevis-Night-Hike

▶ Let's stop MS together