

Welcome to the May 2022 issue

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Welcome to the latest issue of the 'Experts in MS' newsletter.

There's still time to sign up for our Professional Networking Day and our next FACETS facilitators' course which are both coming up in July.



'Learning into Practice' – Swansea 8 July

Our first ever professional networking day will showcase new services and new ways of thinking. The day starts with a panel discussion 'Inequity and inequality in accessing MS services – how to reduce barriers'. Then a

range of workshops will showcase new ideas and ways of working, and provide tips on how to bring about change in your own services.

Highlights include:

- Delivering cognitive assessments within MS service pathways – Professor Roshan Das Nair
- Setting up a new clinic for fampridine - Lynne Watson, Swansea Bay UHB
- NeuroResponse – speedy UTI assessment and treatment, at your fingertips - Bernadette Porter MBE
- MS Trust Advanced MS Champions – Paru Naik and Tania Burge, MS Trust

Find out more about the day and sign up for your FREE ticket below.

[Learn more and sign up →](#)



Online MS awareness e-learning

Our new online course is aimed at social care staff and care workers, providing support to people with MS. The course is free, with learning outcomes and content developed by people with MS and health and social care professionals. It explores the different types of MS, signs and symptoms, how MS is diagnosed and the treatments available. We look at how to support people with MS and we explore more complex cases. An accreditation is available from Grey Matter Learning – details at the end of the course.

[Sign up to this e-learning course →](#)

Online UK wellbeing services

Our **Living Well programme** delivers a variety of virtual sessions that have been co-produced with our Living Well volunteers. Our services are for anyone affected by MS in the UK and include monthly webinars as well as our new wellbeing sessions, conversation cafés and peer support. Our webinars are great for anyone affected by MS as well as healthcare professionals. Our sessions are for those living with MS but if you're interested on a professional level please contact us at livingwell@mssociety.org.uk

The **Scotland Wellbeing Hub** aims to provide a one-stop-shop for the MS community in Scotland of virtual emotional and physical support. Including tailored 1:1 support of counselling and physiotherapy, a variety of online group activities including movement classes, meditation and much more.



FACETS facilitators' course

Our next course on Zoom is now on Tuesday 5 July. The course will equip health and social care professionals to deliver FACETS - an evidence based six-week, fatigue management programme. FACETS is delivered online or face to face to groups. Trained facilitators can support people with MS to manage their fatigue more effectively Sign up to the FACETS training course today.

Find out more and sign up →

Get in touch and spread the word!

We want to hear from you. If you want to spotlight your services, have ideas for content, would like to submit articles, or have any questions about the network, email the team at professionalnetwork@mssociety.org.uk.

Please do share the Network with a friend or colleague, it's very easy to sign up - mssociety.org.uk/professionalnetwork

Let's stop MS together



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