



FES in action

Examples of FES services in the UK

May 2022

Experts in MS

Bristol Outreach Service for Odstock Medical

Information provided by Kirsty Page, Physiotherapist and Lead Clinician at the Bristol Outreach Service for Odstock Medical, South Gloucestershire.

Service description

The Bristol Outreach Service for Odstock Medical provides assessment and treatment for NHS funded and private patients in the Gloucestershire, South Gloucestershire, Bristol and surrounding areas.

Currently run by one staff member - Physiotherapist and lead clinician. Patients who access this service have MS, CP, CVA, SCI, and other conditions. Patients can access by referral from clinical or self-referral to Odstock Medical.

Patient experience and outcomes

Patients experience increased walking speed, decreased effort of walking, improved confidence, decreased number of falls, decreased pain in hip and back from lower limb FES, improvement in balance, improved comfort in arm, improved hand care through FES to upper limb, decreased shoulder pain.

FES has had a carryover into patients' level of independence - patients who hadn't gone out of the house on their own were able to.

Costs and savings

Cost savings - reduced pain medication, reduced hospital admissions from falls.

Do you agree that FES should be widely available for all people with MS who could benefit?

Yes - should not be postcode lottery.



We're the MS Society.

Our community is here for you through the highs, lows and everything in between. We understand what life's like with MS.

Together, we are strong enough to stop MS.

Contact us

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 **Let's stop MS together**