

<b>Page:</b>	<b>Name:</b>	<b>NI number:</b>
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<b>ACTIVITY</b>	<b>Time:</b>
Cooking	
Eating	
Managing therapy	
Medication	
Washing/bathing	
Going to the toilet	
Dressing/undressing	
Communicating	
Reading	
Meeting people	
Budgeting	
Planning journeys	
Walking	